



DEPARTMENT OF SOCIAL WORK

MERCY COLLEGE, PALAKKAD, KERALA, INDIA- 678006

(NAAC Re-accredited 'A' Grade), Affiliated to the University of Calicut



A Session on 'Personality Development'

Venue: Koduwayur

Date: December 26-30, 2025

The department of Social Work, Mercy College, Palakkad organized a session on Personality Development on 30th December 2025. Mr. Prasad M, Co-founder and director, Transcendence Connect, Life skill facilitator and Soft skills coach led the session with the objective of facilitating self-growth, confidence building, and enhancement of life skills among students. The session encompassed interactive exercises, motivational talks, and reflective activities, designed to augment communication, decision-making, and interpersonal skills. Through the session, trainees were encouraged to introspect and identify areas for personal improvement, developing a deeper understanding of their strengths and areas for growth. Mr. Prasad M's guidance and expertise enabled participants to explore strategies for effective communication, teamwork, and problem-solving, enhancing their overall personality and employability. The interactive nature of the session allowed students to engage with peers, share experiences, and learn from one another, fostering a supportive and collaborative environment.

The session reinforced the importance of self-improvement and continuous learning, encouraging participants to apply the learning in both personal and professional contexts. The program coordinated by Ms. Sreya M, faculty, Ms. Sriya C P and Ms. Poojakrishna A K, student coordinators. The students benefited significantly from Mr. Prasad M's expertise, expressing appreciation for the practical insights and tools gained during the session. The Department of Social Work extends its appreciation to Mr. Prasad M for contributing to the student's personal and professional development, enhancing their potential for success in their chosen fields. The session is expected to have a lasting impact on the student's approach to personal growth and development.

Student Coordinators

Ms. Sriya C P

Ms. Poojakrishna A K

Faculty Coordinator

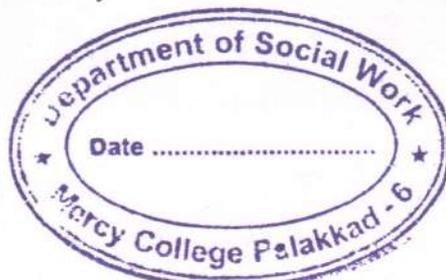
Ms. Sreya M

HOD

Ms. Sruthimol K

Principal

Dr. Sr. N M Louly





**Department of Social Work
Mercy College, Palakkad**

In Association with
Ellora Foundation, Koduvayur

A Session on

PERSONALITY DEVELOPMENT



Prasad M

Co-founder & Executive Director

Transcendence Connect

Secretary (KIDS Kerala)

Corporate Trainer

Life Skill Facilitator & Soft Skills Coach



11.00 AM



30/12/2025



Ellora Foundation, Koduvayur






 സാമൂഹ്യ പ്രവർത്തന വിഭാഗം
 മേഴ്സി കോളേജ്, പാലക്കാട്

എഴിൽ 2025
 ശ്രദ്ധീണ സഹവാസ ക്യാമ്പ്
 26.12.2025 - 30.12.2025
 സ്ഥലം: കൊടുവായൂർ ശ്രീമദ് പത്മവായത്ത്
 സഹകരണം: ഫിലോസഫി ഡിവിഷൻ, കൊടുവായൂർ.

എഴിൽ 2025
 സഹവാസ ക്യാമ്പ്
 കോളേജ്
 MERCY COLLEGE
 PALAKKAD



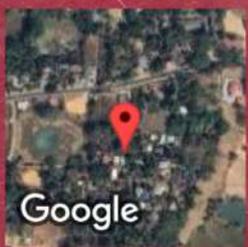




26.12.2025 - 30.12.2025
സ്ഥലം കെട്ടുറപ്പായ്ക്കുന്നതിനുള്ള പദ്ധതിയുടെ
സഹകരണം എല്ലാവർക്കുമായി. കെട്ടുറപ്പായ്ക്കുന്നു.

എല്ലാവർക്കും 2025-26-ൽ

GPS Map Camera



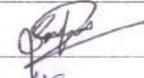
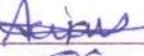
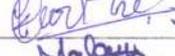
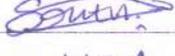
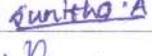
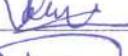
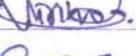
Koduvayur, Kerala, India 
18/828, Pittupeedika, Post Office, Alathur Main Road, Near
Ethanur, Koduvayur, Kerala 678502, India
Lat 10.678511° Long 76.646179°
Tuesday, 30/12/2025 11:49 AM GMT +05:30

DEPARTMENT OF SOCIAL WORK

MERCY COLLEGE PALAKKAD

LIST OF PARTICIPANTS

'PERSONALITY DEVELOPMENT' - 30/12/2025

SL NO	NAME	DEPARTMENT	SIGNATURE	CONTACT
1	A. Safwana	MSW		7907878720
2	Amutha	MSW		8593899924
3	Anagha K. N	MSW		8714538892
4	Anjali P. x	MSW		9037408936
5	DEVAPRIYA	MSW		8590913235
6	Dilsha D	MSW		9037216953
7	Gopika U	MSW		8714157779
8	Jincy N	MSW		7902654552
9	Keerthi U	MSW		7025911692.
10	Malavika R Warriar	MSW		9072494524
11	Navya P	MSW		8129039945
12	Nikhiltha K	MSW		9037206149
13	poojakoishna A.K	MSW		8848482926
14	Shamla S	MSW		7012109590
15	Sreelakshmi S.P	MSW		8281732826
16	Sreerthi K	MSW		623877372
17	Sanitha A	MSW		8891689496
18	Vidhya .M	MSW		977835810
19	Vidya Das	MSW		9745752234
20	Sriya CP	MSW		8590639315

Prasad M

Name & Signature of Resource Person

